

For All Who



HUNGER

Welcome to United Lutheran Church on this tenth Sunday after Pentecost, August 1st, 2021 with worship at 10:15am

~ Gathering ~

PRELUDE

Allen Quie - organ

WELCOME AND ANNOUNCEMENTS

**Please stand
as you are able.*

CONFESSION AND FORGIVENESS*

P: Blessed be the holy Trinity, + one God, the God of manna, the God of miracles, the God of mercy.

C: Amen.

P: Drawn to Christ and seeking God's abundance, let us confess our sin.

Silence is kept for reflection.

God, our provider,

All: help us.

It is hard to believe there is enough to share. We question your ways when they differ from the ways of the world in which we live. We turn to our own understanding rather than trusting in you. We take offense at your teachings and your ways. Turn us again to you. Where else can we turn? Share with us the words of eternal life and feed us for life in the world. Amen.

P: Beloved people of God: in Jesus, the manna from heaven, you are fed and nourished. By Jesus, the worker of miracles, there is always more than enough. Through Jesus, + the bread of life, you are shown God's mercy: you are forgiven and loved into abundant life.

All: Amen.

**Please stand
as you are able.*

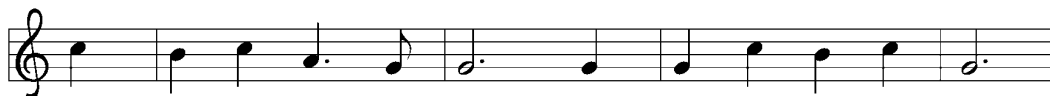
GATHERING HYMN

When Morning Gilds the Skies

ELW Hymn #853



1 When morn-ing gilds the skies, my heart a - wak - ing cries:
2 When mirth for mu - sic longs, this is my song of songs:
3 No love - lier an - ti - phon in all high heav'n is known
4 Let all of hu - man - kind in this their con - cord find:
5 Sing, sun and stars of space, sing, all who see his face,



may Je - sus Christ be praised! When eve - ning shad - ows fall,
may Je - sus Christ be praised! God's ho - ly house of prayer
than "Je - sus Christ be praised!" There to the e - ter - nal Word
may Je - sus Christ be praised! Let all the earth a - round
sing, "Je - sus Christ be praised!" God's whole cre - a - tion o'er,



this rings my cur - few call: may Je - sus Christ be praised!
has none that can com - pare with "Je - sus Christ be praised!"
the e - ter - nal psalm is heard: oh, Je - sus Christ be praised!
ring joy - ous with the sound: may Je - sus Christ be praised!
to - day and ev - er - more shall Je - sus Christ be praised!

GREETING

P: The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all. C: **And also with you.**

Prayer of the Day:

The main thoughts of the day are collected, or summarized in this short prayer. The prayers for the season of the church year have come to us from the rich treasury of the church's heritage.

PRAYER OF THE DAY

All: O God, eternal goodness, immeasurable love, you place your gifts before us; we eat and are satisfied. Fill us and this world in all its need with the life that comes only from you, through Jesus Christ, our Savior and Lord. Amen.

MINISTRY THROUGH MUSIC Michael Marcotte and Gretchen Kindseth, Allen Quie-acc.

~ Word ~

FIRST READING

Exodus 16:2-4, 9-15

First Reading:

A food crisis becomes a faith crisis for the Israelites in the wilderness. The hungry people forget God's saving work in the exodus, and they wish for the food they had in Egypt. Nevertheless, God miraculously meets their needs, with manna for bread and quail for meat.

²The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. ³The Israelites said to them, "If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

⁴Then the Lord said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not."

⁹Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the Lord, for he has heard your complaining.'"¹⁰And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory

of the Lord appeared in the cloud.¹¹The Lord spoke to Moses and said, ¹²"I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.'"

¹³In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp.¹⁴When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground.¹⁵When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the Lord has given you to eat."

P: Word of God. Word of life.
C: **Thanks be to God.**

PSALM

Psalm 78:23-29

²³So God commanded the clouds above
and opened the doors of heaven,

²⁴**raining down manna upon them to eat
and giving them grain from heaven.**

²⁵So mortals ate the bread of angels; God
provided for them food enough.

²⁶**The LORD caused the east wind to
blow in the heavens and powerfully**

led out the south wind,

²⁷raining down flesh upon them like dust
and flying birds like the sand of the
seas,

²⁸**letting them fall in the midst of the
camp and round about the dwellings.**

²⁹So the people ate and were well filled,
for God gave them what they craved.

SECOND READING

Ephesians 4:1-16

¹I therefore, the prisoner in the Lord, beg
you to lead a life worthy of the calling to
which you have been called, ²with all
humility and gentleness, with patience,
bearing with one another in love, ³making
every effort to maintain the unity of the
Spirit in the bond of peace. ⁴There is one
body and one Spirit, just as you were
called to the one hope of your calling, ⁵one
Lord, one faith, one baptism, ⁶one God and
Father of all, who is above all and through
all and in all.

⁷But each of us was given grace
according to the measure of Christ's
gift. ⁸Therefore it is said,

"When he ascended on high he made
captivity itself a captive;
he gave gifts to his people."

⁹(When it says, "He ascended," what does
it mean but that he had also descended into
the lower parts of the earth? ¹⁰He who
descended is the same one who ascended
far above all the heavens, so that he might

fill all things.) ¹¹The gifts he gave were that
some would be apostles, some prophets,
some evangelists, some pastors and
teachers, ¹²to equip the saints for the work
of ministry, for building up the body of
Christ, ¹³until all of us come to the unity of
the faith and of the knowledge of the Son
of God, to maturity, to the measure of the
full stature of Christ. ¹⁴We must no longer
be children, tossed to and fro and blown
about by every wind of doctrine, by
people's trickery, by their craftiness in
deceitful scheming. ¹⁵But speaking the
truth in love, we must grow up in every
way into him who is the head, into
Christ, ¹⁶from whom the whole body,
joined and knit together by every ligament
with which it is equipped, as each part is
working properly, promotes the body's
growth in building itself up in love.

P : Word of God. Word of life.

C: Thanks be to God.

Second Reading:

Christians share funda-
mental unity and diversity.
Our unity consists in the
one body, one Spirit, one
Lord, one faith, one bap-
tism, and one God. Our
diversity is expressed in
various forms of ministry
whose goal is equipping
the saints and building up
Christ's one body.

GOSPEL ACCLAMATION*

from ELW pg. #205

**Please stand
as you are able.*



Al - le-lu - ia! Lord and Sav - ior: o - pen now your sav-ing word.



Let it burn like fire with-in us; speak un - til our hearts are stirred.



Al - le-lu - ia! Lord, we sing for the good news that you bring.

Gospel:

Many of the five thousand people Jesus fed in the wilderness continued to follow him throughout the countryside. Jesus challenges them to consider the real nature of their quest.

GOSPEL

P: The holy Gospel according to John, the 6th Chapter.

C: **Glory to you, O Lord.**

John 6:24-35

²⁴When the crowd saw that neither Jesus nor his disciples were [beside the sea,] they themselves got into the boats and went to Capernaum looking for Jesus.

²⁵When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" ²⁶Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. ²⁷Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." ²⁸Then they said to him, "What must we do to perform the works of God?" ²⁹Jesus answered them, "This is the work of God, that you believe in him whom he has sent." ³⁰So they said to him, "What sign are you going to give

us then, so that we may see it and believe you? What work are you performing?

³¹Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.' ³²Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. ³³For the bread of God is that which comes down from heaven and gives life to the world." ³⁴They said to him, "Sir, give us this bread always."

³⁵Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

P: The gospel of the Lord.
C: **Praise to you, O Christ.**

SERMON

Pastor Kristen Larsen-Schmidt

HYMN OF THE DAY

I Am the Bread of Life

ELW Hymn #485

Hymn of the Day:

This hymn follows the theme of the readings and reflects the message of the sermon.



1 "I am the Bread of life. You who
2 "The bread that . . . I will give is my
3 "Un - less . . . you . . . eat of the
4 "I am the res - ur - rec - tion, . . .
5 Yes, Lord, . . . I be - lieve that . . .

come to me shall not the hun - ger, and who be -
flesh for the life of the world, . . . and if you
flesh of the Son of Man . . . and . . .
I . . . am the life. . . . If you be -
you . . . are the Christ, . . . the . . .

lieve in me shall not thirst. No one can come to
eat . . . of this bread, and you shall . . live for -
drink . . . of his blood, and drink . . . of his
lieve . . . in . . me, e - ven . . though you
Son . . . of . . God, who . . . have . .

me ev - er, . . . you shall live for - ev - er."
blood, you shall not have life with - in you."
die, . . . you shall live for - ev - er."
come in - to . . . the . . . world. . . .



APOSTLES' CREED*

ELW Page #126

**Please stand
as you are able.*

I believe in God, the Father almighty, creator of heaven and earth.

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.*
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Creed:
We respond to God's word together when we say the Creed. Creed comes from the Latin word "credo" which means "I believe". In our worship we use either the Apostles' or Nicene Creed. These Creeds were written over 1700 years ago so the world would know what Christians believe.

PRAYERS OF INTERCESSION

P: ...Lord in your mercy.

C: Hear our prayer.

GREETING OF PEACE

~ Meal ~

OFFERING

The offering will be received at the doors.

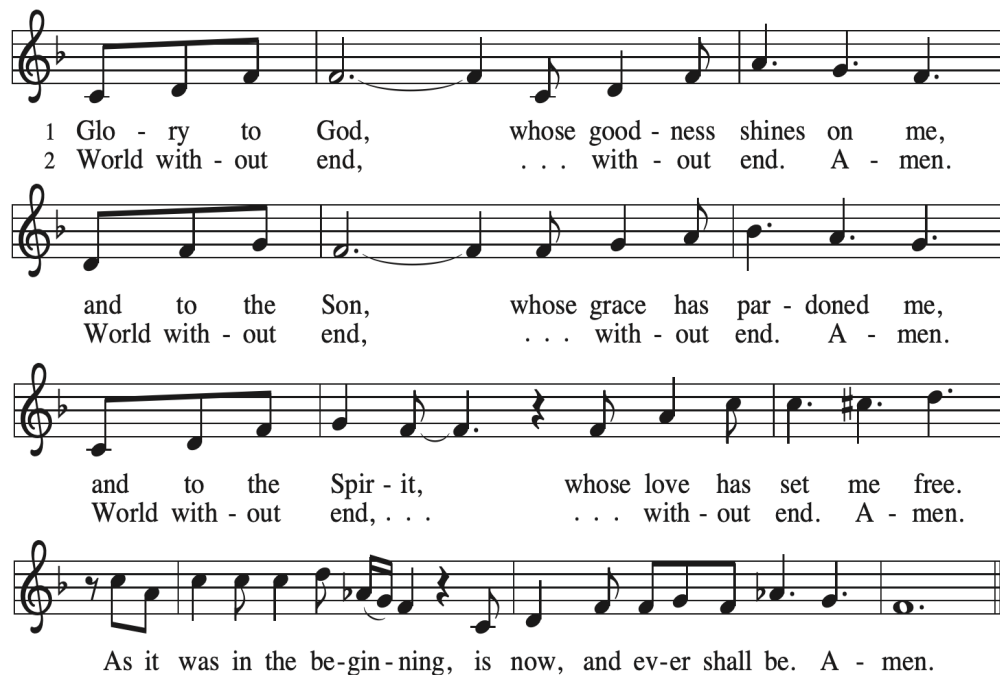
OFFERING SONG

Glory to God Whose Goodness Shines on Me

Paul M. Vasile

Prayers of Intercession

These prayers in the service follows the directive of the Apostle Paul to young Timothy, a pastor: "I urge, then, first of all, that requests, prayers intercession and thanksgiving be made for everyone - for Kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness".



The Great Thanksgiving

The opening dialogue between pastor and people that begins the Holy Communion part of the service. These words, dating from the second century, are likely the most ancient part of the Great Thanksgiving.

The Words of Institution

Jesus' words (from the Last Supper, Matthew 26:26-28) used with the bread and wine, makes this sacrament a 'means of grace' or way that God brings His love and forgiveness to us.

Each worshipper will be given a small chalice as they enter the sanctuary. Each chalice holds both a serving of bread and wine. Worshippers will not come forward for communion, but take the bread and wine from their place in the pews. Chalices with grape juice and gluten free bread will be available.

STEP ONE:

Open bottom seal. Take and eat.



STEP TWO:

Open top seal. Take and drink.



The Lamb of God

This is our way of saying to God and to each other that it was Jesus who died for our sins as that perfect sacrifice, that perfect lamb that was slain for our life. It also focuses our attention on what we are about to receive in Holy Communion, which is Christ's true body and blood 'given and shed for the forgiveness of sins'. "The next day [John] saw Jesus coming toward him and declared, "Here is the Lamb of God who takes away the sin of the world!" (John 1:29)

OFFERING PRAYER

P: Jesus, Bread of life, you have set this table with your very self, and called us to the feast of plenty. Gather what has been sown among us, and strengthen us in this meal. Make us to be what we receive here, your body for the life of the world. **All: Amen.**

GREAT THANKSGIVING

P: The Lord be with you.

C: And also with you.

P: Lift up your hearts.

C: We lift them to the Lord.

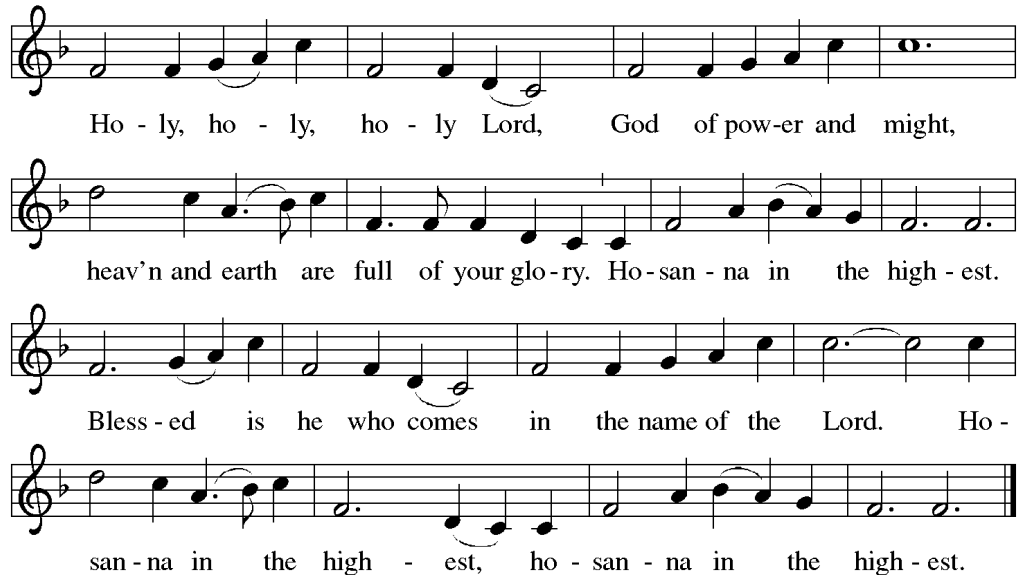
P: Let us give thanks to the Lord our God.

C: It is right to give our thanks and praise.

P: It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise....we praise your name and join their unending hymn:

HOLY, HOLY, HOLY

from ELW page #207



WORDS OF INSTITUTION

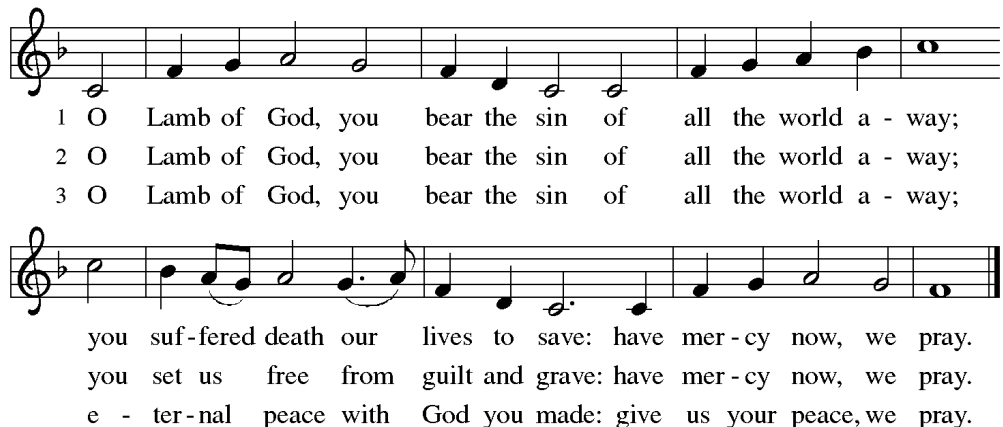
THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name, thy kingdom, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

DISTRIBUTION OF HOLY COMMUNION

LAMB OF GOD

from ELW page #208



PRAYER AFTER COMMUNION

P: Jesus, Bread of life, we have received from your table more than we could ever ask.
As you have nourished us in this meal, now strengthen us to love the world with your own life. In your name we pray.

All: Amen.

~ Sending ~

BLESSING AND DISMISSAL

P: The blessing of God, who provides for us, feeds us, and journeys with us, + be upon you now and forever.

All: Amen.

P: Go in peace. You are the body of Christ.

C: Thanks be to God.

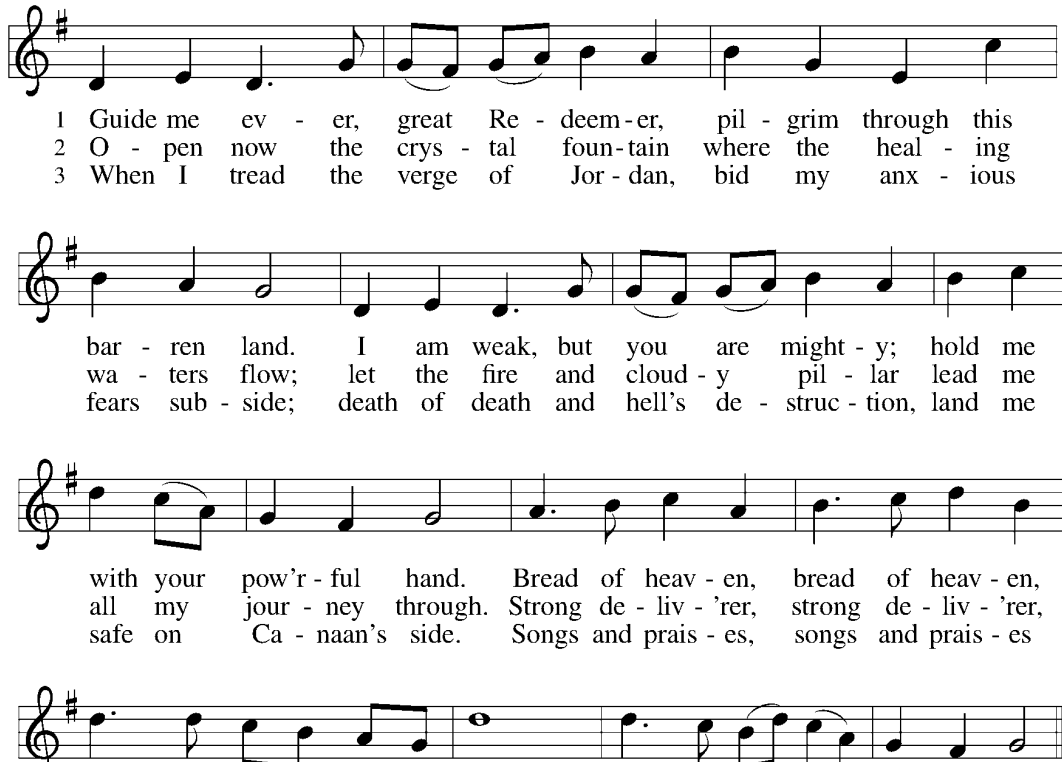
Blessing/Benediction:

This prayer asking for God's blessing upon the assembly as we go out into the world doing God's will.

SENDING HYMN

Guide Me Ever, Great Redeemer

ELW Hymn #618



1 Guide me ev - er, great Re - deem - er, pil - grim through this
 2 O - pen now the crys - tal foun - tain where the heal - ing
 3 When I tread the verge of Jor - dan, bid my anx - ious

bar - ren land. I am weak, but you are might - y; hold me
 wa - ters flow; let the fire and cloud - y pil - lar lead me
 fears sub - side; death of death and hell's de - struc - tion, land me

with your pow'r - ful hand. Bread of heav - en, bread of heav - en,
 all my jour - ney through. Strong de - liv - 'rer, strong de - liv - 'rer,
 safe on Ca - naan's side. Songs and prais - es, songs and prais - es

feed me now and ev - er - more, feed me now and ev - er - more.
 shield me with your might - y arm, shield me with your might - y arm.
 I will raise for - ev - er - more, I will raise for - ev - er - more.

POSTLUDE

Allen Quie - organ

ELW Hymn #'s: 853, 485, 618, Holy, Holy, Holy, Lamb of God, ELW page #207-208. Glory to God Whose Goodness Shines. Shepherd Me, O God, Marty Haugen ©1986 by G.I.A. Publications, Inc. Chicago. *Augsburg Fortress Liturgies Annual* License #22289. A-800051. CCLI License #1621695. One License: Annual License, A-707938

CONGREGATIONAL NEWS

Thank you to Pastor Kristen Larsen-Schmidt for leading us in worship this morning.

Volunteers are needed to help water our Garden of Eatin'. Please sign-up to help by following this link:

<https://www.signupgenius.com/go/20f0945a9a629a7fb6-ulcgarden1> or by contacting the church office.

Worship Service Leaders
Pr. Kristen Larsen-Schmidt

Director of Youth and Family Ministry
Molly Haagensohn

Worship Accompanist
Allen Quie

Worship Team
Gretchen Kindseth
Michael Marcotte

United in Serving Leader
John & Mary Kay Hanson

Lector
Claudette Zimney

Ushers
John Hanson
Mary Kay Hanson
Colleen Akset
Tom Zimney
Claudette Zimney

Special Thanks
Katie Stauss
Darren Lee
Jayson Helseth

THE WEEK AHEAD AT UNITED LUTHERAN CHURCH

SUNDAY, AUGUST 1ST

- 10:15am - Worship/Communion (SA/1310AM KNOX/Facebook)
- 11:15am - Coffee Fellowship (FH)

TUESDAY, AUGUST 3RD

- 11:00am - Staff Meeting (LG)

WEDNESDAY, AUGUST 4TH

- 4:30pm - Summer Supper Set-up
- 5:30pm - Summer Supper Served (CY)
- 6:30pm - Summer Supper Clean-Up (CY/FH)

FRIDAY, AUGUST 6TH - OFFICE CLOSED

SUNDAY, AUGUST 8TH

- 10:15am - Worship/Communion (SA/1310AM KNOX/Facebook)
- 11:15am - Coffee Fellowship (FH)

United Lutheran Church is located at 324 Chestnut Street in Grand Forks, ND
PH: 701-775-4279 | www.unitedgf.org | Office hours: M-TH: 9am - 3pm



UNITED LUTHERAN CHURCH INVITES YOU TO

FREE SUMMER SUPPERS

≡ WEDNESDAYS ≡

AUGUST 4TH, 11TH, AND 18TH, 2021
5:30 P.M. - 6:30 P.M.

UNITED LUTHERAN CHURCH
COURTYARD
324 CHESTNUT STREET

ALL ARE WELCOME!

Back-to-School

BBQ

PICNIC
& WORSHIP

AT RIVERSIDE PARK

1811 N 1st Street - Grand Forks

WEDNESDAY, AUGUST 25, 2021

6 P.M. - PICNIC

6:30 P.M. - WORSHIP
AND BLESSING FOR
A NEW SCHOOL YEAR



COME HUNGRY 
EVERYTHING PROVIDED!

SUMMER SUPPERS 2021 BEGIN THIS WEEK - VOLUNTEERS NEEDED!

Volunteers are needed each Wed. night (Aug. 4th, 11th, and 18th)

- 1) Set Up: 4:30-5:30pm (six volunteers needed)
- 2) Serving and table tending: 5:30-6:30pm (six volunteers needed)
- 3) Clean-up: 6:30-7pm (four volunteers needed)

***Sign-up to volunteer by visiting our website, by following this link: <https://www.signupgenius.com/go/20F0945A9A629A7FB6-united3> or by calling the church office during office hours.*